

EK HEALTH MEDICAL PROVIDER NETWORK PORTAL INSTRUCTIONS

This user guide captures key information regarding EK Health's Medical Provider Network. You may access our user-friendly web portal at the secure sites listed below.

California Locations: www.ekhealthselect.ekhealth.com

All Other States: <https://intelleserver.com/wrapbook>

When using the national portal (<https://intelleserver.com/wrapbook>) you have the option to specifically search the CA MPN, IL PPP, or TX HCN. You will be prompted to confirm whether the claim is in CA, IL, or TX by selecting **Yes** or **No** before proceeding.

The portals include:

- Provider search (by address proximity, region, specialty, sub-specialty, and name)
- Door-to-door driving directions
- Ability to text provider to a cell phone
- Customized directory generation and distribution (by email, text, and print)
- Immediate access to Telemedicine resources (CA Only)
- Interactive web forms to nominate new providers and provide updates on existing providers

PROVIDER SEARCH OPTIONS

Users can search for providers using full or partial information on location, provider name, group name, specialty, and sub-specialty, as shown below.

SEARCH BY ADDRESS PROXIMITY

The default distance is 30 miles but can be customized for each search up to 100 miles.

For QUICK SEARCH, enter only Zip Code!

Address

City

Zip Code

Search Distance (miles) ☐ 15 miles ☒ 30 miles or

100 miles max

Sort Results By

☒ Distance ☐ First Name ☐ Last Name ☐ Specialty

First choose one of the Following

Select One ☐ or Select All

- ☐ Primary Care Provider
- ☐ Treatment Facility
- ☐ Behavioral Health
- ☐ Neurological Medicine
- ☐ Orthopedics
- ☐ Pain Management
- ☐ General Surgeon
- ☐ Plastic and Cosmetic Surgery
- ☐ Ancillary Services
- ☐ Internal Medicine
- ☐ Other Specialties

Then choose one or more Specialties

☒ Select All/None

Search

SEARCH BY PROVIDER OR GROUP NAME

Name search includes by Provider Name or Group Name.

First Name

and/or Last Name

or Group Name

Please Provide **YOUR** Zip Code, or an Address / City for a Distance to Provider Calculation:

Address

City

ST

Zip

Search

SEARCH BY REGION

Region search includes City, County or Zip Code.

Select a Region to List by: ☒ City ☐ County ☐ Zip Code

City

Sort Results By

☒ Distance ☐ First Name ☐ Last Name ☐ Specialty

Providers will be located within the geographic area(s) selected.

First choose one of the Following

Select One ☐ or Select All

- ☐ Primary Care Provider
- ☐ Treatment Facility
- ☐ Behavioral Health
- ☐ Neurological Medicine
- ☐ Orthopedics
- ☐ Pain Management
- ☐ General Surgeon
- ☐ Plastic and Cosmetic Surgery
- ☐ Ancillary Services
- ☐ Internal Medicine
- ☐ Other Specialties
- ☐ Telehealth

Then choose one or more Specialties

☒ Select All/None

Search

SEARCH BY SPECIALTY AND SUB-SPECIALTIES

Use the “Select All” and “Select None” – or check individual boxes to achieve the desired combination of specialties and sub-specialties, as shown below:

First choose one of the Following

Select One ☐ or Select All

- ☐ Primary Care Provider
- ☐ Treatment Facility
- ☐ Behavioral Health
- ☐ Neurological Medicine
- ☒ Orthopedics
- ☐ Pain Management
- ☐ General Surgeon
- ☐ Plastic and Cosmetic Surgery
- ☐ Ancillary Services
- ☐ Internal Medicine
- ☐ Other Specialties

Then choose one or more Specialties

☐ Select All/None

- ☒ Orthopedic Surgery: Ankle
- ☒ Orthopedic Surgery: Elbow
- ☒ Orthopedic Surgery: Elbow & Shoulder
- ☒ Orthopedic Surgery: Foot
- ☒ Orthopedic Surgery: Foot & Ankle
- ☐ Orthopedic Surgery: General
- ☐ Orthopedic Surgery: Hand
- ☐ Orthopedic Surgery: Hip
- ☐ Orthopedic Surgery: Knee
- ☐ Orthopedic Surgery: Neck
- ☐ Orthopedic Surgery: Shoulder

Search

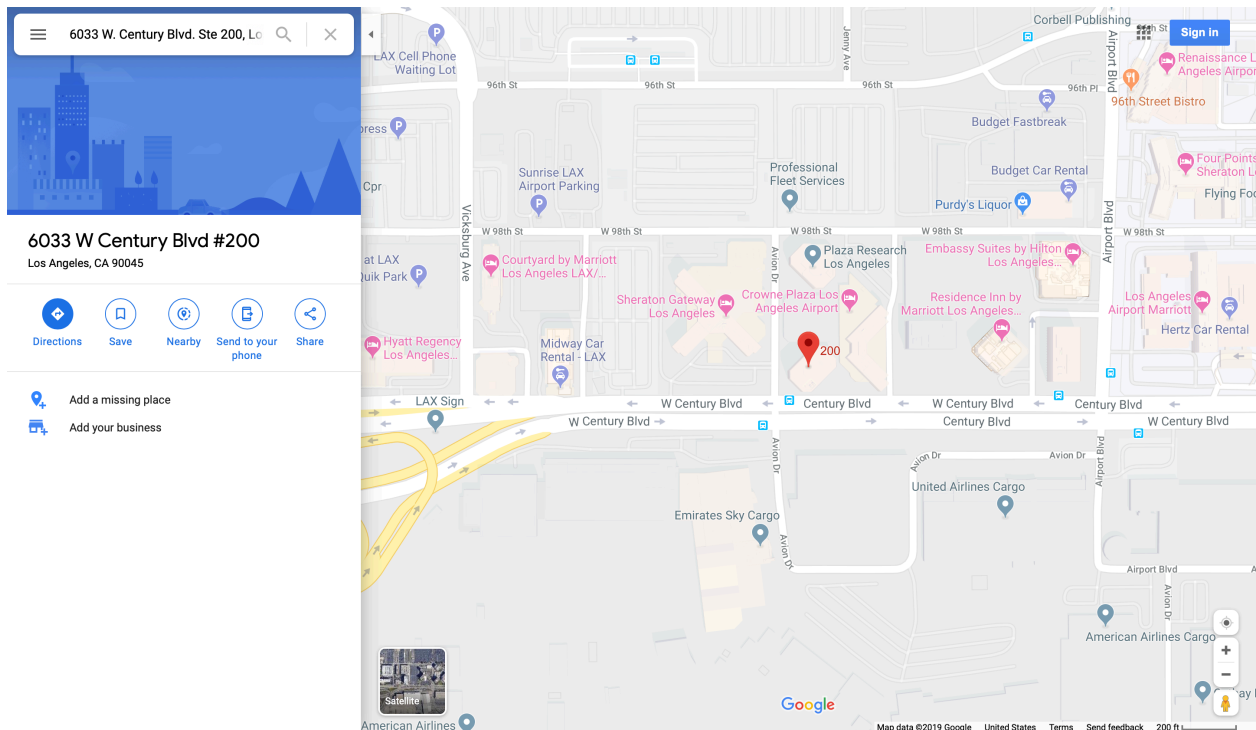
LOCATION MAPS

Door-to-door driving directions are provided via Google Maps. You can text the selected provider to a cell phone following the steps below.

☐ **Concentra** Occupational Medicine 6033 W. Century Blvd. Ste 200 phone (855) 835-6337
Yelderman, Mark L, MD Los Angeles, CA 90045

Specialty Occupational Medicine
Roster of treating physicians
Accepting New Patients
Secondary Treater N
Staff Languages(s)
 Enter your starting location to get driving directions.
 Address
 City State [Get Directions](#)

Text Provider Info To My Mobile **Provider Info Update & Nominations**
 Enter Mobile Number [Send](#) [Provider Update Form](#) [SEND](#) [Nominate Provider Form](#) [Back To Results](#)



CUSTOMIZED PROVIDER DIRECTORIES

Customized provider directories can be generated, distributed by email or text, and printed as shown below. Click the Select All/None box to toggle for all providers, or just select the box next to the providers you wish to include in your directory.

Home	Address Search	Name Search	Region Search	Roster of All Treating Physicians
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Please click the button below to download the Roster of Treating Physicians

Download Roster of Treating Physicians

Please click the button below to download the Roster of TELEHEALTH Physicians

Download Roster of Treating Physicians

Home	Address Search	Name Search	Region Search	Roster of Treating Physicians
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Create PDF Directory

New Search

Providers indicated by ★ may require a referral prior to seeing the employee.

Providers indicated by a T are Telehealth providers.

Pursuant to CCR 9767.3 (c) (4), physicians are NOT authorized to provide treatment at any location other than the location listed in this network listing.

Please select "Map" link to calculate accurate driving distances & estimated driving times.

You Searched	We Found			
Long Beach	66 providers.			
SEARCH RESULTS FOR REGIONAL LISTING		ALL/NONE		
☒ Rehabilitation Associates Medical Group	Acupuncture	790 E. Willow St. Ste 200	phone (562) 424-8111	
Said, Sepideh Z, L.Ac. ★		Long Beach, CA 90806		MAP
☐ Concentra Long Beach	Acupuncture	100 Oceangate P245	phone (562) 432-2821	
Woo, Yoon Kyung J, LAC ★		Long Beach, CA 90802		MAP
☒ Healthpointe Medical Group, Inc.	Acupuncture	5584 N. Paramount Blvd. Ste 100	phone (562) 920-8394	
Shin, Suk Young, LAc ★		Long Beach, CA 90805		MAP
☐ Concentra Long Beach	Anesthesiology	100 Oceangate P245	phone (562) 432-2821	
Rafia, Atef E, MD ★	Multiple Specialties	Long Beach, CA 90802		MAP
☒ Concentra Long Beach	Anesthesiology	100 Oceangate P245	phone (562) 432-2821	
Bishop, Ronald E, MD	Multiple Specialties	Long Beach, CA 90802		MAP
☐ Med Nation, Inc.	Chiropractic	4201 Long Beach Blvd Ste 403	phone (562) 337-8118	
Nourian, Kambiz, DC		Long Beach, CA 90807		MAP
☒ Concentra Long Beach	Chiropractic	100 Oceangate P245	phone (562) 432-2821	
Weiss, Mark S, DC ★		Long Beach, CA 90802		MAP
☐ Healthpointe Medical Group, Inc.	Chiropractic	5584 N. Paramount Blvd. Ste 100	phone (562) 920-8394	
Castro, Ricardo F, DC ★		Long Beach, CA 90805		MAP
☒ Healthpointe Medical Group, Inc.	General Practice	5584 N. Paramount Blvd. Ste 100	phone (562) 920-8394	
Licata, Paul J, MD	Multiple Specialties	Long Beach, CA 90805		MAP

PROVIDER LISTING — <http://www.ekhealthselect.ekhealth.com>

Providers indicated by * may require a referral prior to seeing the employee.

Pursuant to CCR 9767.3 (c) (4), physicians are NOT authorized to provide treatment at any location other than the location listed in this network listing.

Acupuncture

Said, Sepideh Z, L.ac. *
790 E. Willow St. Ste 200
Long Beach, CA 90806
(562) 424-8111
Miles: NA
[MAP IT](#)

Shin, Suk Young, Lac *
5584 N. Paramount Blvd. Ste 100
Long Beach, CA 90805
(562) 920-8394
Miles: NA
[MAP IT](#)

Woo, Yoon Kyung J, Lac *
100 Oceangate P245
Long Beach, CA 90802
(562) 432-2821
Miles: NA
[MAP IT](#)

Anesthesiology

Bishop, Ronald E, Md
100 Oceangate P245
Long Beach, CA 90802
(562) 432-2821
Miles: NA
[MAP IT](#)

Rafia, Atef E, Md *
100 Oceangate P245
Long Beach, CA 90802
(562) 432-2821
Miles: NA
[MAP IT](#)

Chiropractic

Castro, Ricardo F, Dc *
5584 N. Paramount Blvd. Ste 100
Long Beach, CA 90805
(562) 920-8394
Miles: NA
[MAP IT](#)

Nourian, Kambiz, Dc
4201 Long Beach Blvd Ste 403
Long Beach, CA 90807
(562) 337-8118
Miles: NA
[MAP IT](#)

Weiss, Mark S, Dc *
100 Oceangate P245
Long Beach, CA 90802
(562) 432-2821
Miles: NA
[MAP IT](#)

General Practice

Licata, Paul J, Md
5584 N. Paramount Blvd. Ste 100
Long Beach, CA 90805
(562) 920-8394
Miles: NA
[MAP IT](#)

Internal Medicine

Ghodsian, Shahrouz Y, Md
5584 N. Paramount Blvd. Ste 100
Long Beach, CA 90805
(562) 920-8394
Miles: NA
[MAP IT](#)

This is a directory for the EK Health Select Medical Provider Network. This site is designed specifically for California employees of EK Health clients for the selection of a physician or service provider for treatment of work-related injuries or illnesses. The employer has the right to direct all non-emergency medical care into our approved Medical Provider Network (MPN) for the life of the claim. Any person reading or otherwise using the information contained herein understands and acknowledges EK Health is simply providing this information as a service, and it is not: 1) authorizing any specific treatment or course of treatment; 2) committing to pay for any treatment; or 3) intending this listing to be taken or interpreted as a recommendation of, or direction to, any of the listed medical providers or prescription suppliers; and EK Health will not be responsible for any losses claimed to be incurred as a result of any person relying on such information. **If you have questions about medical treatment or need help to locate a provider that best fits your needs, call the Medical Provider Network Hotline (855) 268-6560. If you are having difficulty using this site or have inaccuracies to report, contact EK Health at: ekhealthmpn@ekhealth.com or (855) 268-6560, or (888) 848-9055**

TELEMEDICINE

In California, immediate access to Telemedicine resources is provided as shown below.

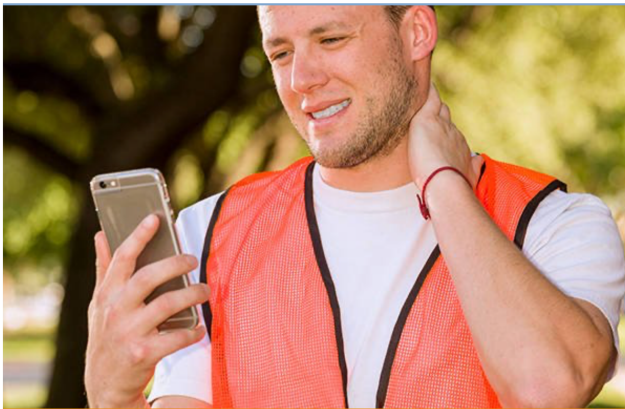
How to Use Concentra Telemed

1. When an employee is injured at work, they should immediately report it to their supervisor who will then complete an incident report and authorization for treatment.
2. If telemedicine is appropriate, the supervisor will offer it as a treatment option to the employee. The employee can register for Concentra Telemed on ConcentraTelemed.com or by downloading the Concentra Telemed app.
3. The employee clicks on an available coordinator to request a visit and connect with one of our care coordinators who conducts intake and then transfers the worker to a clinician.
4. The clinician examines, diagnoses, and treats the worker, and then transfers the patient back to the care coordinator for checkout.
5. At checkout, the care coordinator will review any work restrictions and set up any necessary follow-up care, including rechecks.
6. After the visit, the worker receives their paperwork via secure email.

Concentra Telemedicine is available in: AZ, CA, CO, CT, FL, GA, HI, IL, IA, KY, ME, MD, MI, MN, MO, NE, NJ, NM, NC, OH, OK, OR, PA, SC, TN, TX, UT, VT, VA, WI

[Occupational Health](#) [Physical Therapy](#) [Physical Exams](#) [Tests & Screenings](#) [Onsite Clinics](#) [Resource Center](#)

[Create New Account](#)



TREAT MINOR INJURIES AND MORE

- + Minor functional movement injuries
- + Cuts, scrapes, and bruises
- + Sprains and strains
- + Rashes and burns
- + Repetitive use injuries
- + Bloodborne pathogen exposure

Serious injuries or injuries that need hands-on care, like stitches, will still need to be seen in-person by a clinician. Depending on the severity of an injury, the clinician may refer an employee for in-person medical or therapy care.

ACCESS CONVENIENT INJURY CARE

Concentra Telemed is one of the many services we offer that contributes to a well-rounded, cost-effective occupational health program. Ready to take the next step? Take advantage of convenient employee care and enhance your injury care program – fill out our contact form.

Reap the Benefits

- + Immediate injury care at work
- + Convenient access from anywhere
- + Extended hours
- + Reduced employee time away from work

NOMINATING/UPDATING PROVIDERS

If a desired provider is not listed on the MPN provider portal, the user can nominate the provider using the integrated web forms, which are available on the screen for individual

provider listings. In the same section, updated information regarding existing providers can be provided, as shown below:

Yelderman, Mark L, MD

Los Angeles, CA 90045

MAP

Specialty Occupational Medicine

Roster of treating physicians

Accepting New Patients

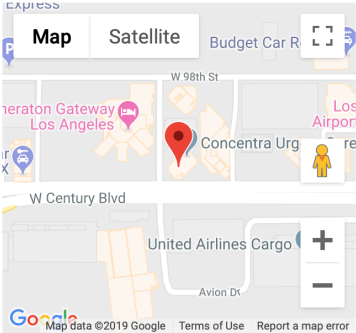
Secondary Treater N

Staff Languages(s)

Enter your starting location to get driving directions.

Address

City State



 **Text Provider Info To My Mobile**

 **Provider Info Update & Nominations**

☒ **Provider Update Form**

☐ Nominate Provider Form

Provider Update Form